

Stop Listening to Yourself and Start Talking to Yourself

- Where is my focus? Am I looking to God and not my circumstance?
- Am I clinging to Christ and trusting Him?
- Are the Gospel realities real for me?
- Where is my hope? Am I hoping in God's higher plan and loving purpose?
- Where is God in this? Am I remembering God's goal which is my conformity to Christ?
- Do I believe God is who He says He is?
- Does this suffering/hardship/pain draw me closer to the Lord or does it press me further away or into myself?
- How does God want me to respond so others can see a living Redeemer?
- Am I dependent on Him? Am I praying without ceasing?
- Do I have confidence in the justice of God? (someone hurt you or your family)
- Do I have an eternal perspective in this?
- Do I think God is Sovereign over the evil that people do?
- Where are my treasures? The things that are most valuable and that He is working to produce?
- Is Jesus Christ enough and will I trust in Him in and through this trial?



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